



MOMENTUM

Digital Course

01

Get to Know Yourself

- Explore Your Values
- Leverage Your Strengths
- Understand Your Unique Leadership Style
- Pinpoint ANTs & Limiting Beliefs
- Discover your IKIGAI

02

Foster Executive Presence

- Craft Your Personal Brand
- Finetune Your Effective Communication
- Harness Influencing Skills
- Network Authentically

03

Grow your Team

- 5 Dysfunctions of a Team
- Hire for Success
- Co-Active Coaching
- Radical Candor



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04

Boost Performance

- Understand Conflict Resolution Styles
- NVC and Positive Language
- SBI Framework and Feedforward
- Talent Reviews & Skill/Will Grid

05

Manage Strategically

- Be A Multiplier, Not a Diminisher
- Management Decision-Making
- Coopetitive Negotiations
- Succession Planning

06

Sharpen Mindset

- Positive Intelligence
- Growth Mindset
- Resilience
- Moonshot Thinking



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BONUS 1

Executive Masterclasses

- The Art and Science of Storytelling
- Spaciousness: Time & Energy Management
- Strategic Planning
- AI and Leadership

BONUS 2

Structured Playbooks

- Managing Low Performance
- Portfolio Careers
- Navigating Career Change
- People Management Bible